

RESUME

PHURAILATPAM JENY SHARMA

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Ph: 9957776088,8920655218.

Personal Data

Father's name: Ph. Dilip Sharma

Date of Birth : 24/03/1984

Sex : Female

Marital Status: Married

Nationality : Indian

Permanent Address

H.No 4,

Nipen Bora Path

Fatasil Ambari tiniali

Guwahati-781025

Computer Skills:

Proficient in MS Office,
MS Excel and the Internet
browsing

Objective

To work in an Institution which provides opportunity to utilize and contribute my Knowledge and experience towards enlightening new minds as well as good interaction with students.

Profile

Inventive and dedicated candidate with a Master's degree in Physiotherapy (Cardiopulmonary sciences) with **6 years** of teaching experience in various Physiotherapy Institutions and 5 years of clinical experience.

Education

- M.P.T in Cardiopulmonary Sciences from SRM College of Physiotherapy, Chennai. SRM University, secured first class with an average of 64% during the period 2007-2009
- B.P.T from Alvas College of Physiotherapy, Mangalore affiliated to Rajiv Gandhi University of Health Sciences, secured first class with an average of 68% during the period 2002-2006.
- XII Std from T.G. Higher Secondary School, Imphal, Manipur, secured first class with an average of 64% in the year 2001.
- X Std from Nirmalabas High School, Imphal, Manipur, secured first class with an average of 69 % in the year 1999.

Internship completed

- Six months compulsory rotatory internship for 5 months i.e., from 01/08/2006 to 31/12/2006 at Masina Hospital, Byculla, Mumbai and for 1 month i.e., from 01/01/2007 to 31/01/2007 at Alvas College of Physiotherapy, Moodbidri, Karnataka.

Projects

- A project on " Effectiveness of hold and relax technique on Pectoralis major muscle in pulmonary parameters for patients with COPD Patients in Chest Dept in SRM Medical College and Hospital, Chennai.

Personal Strengths

- Hardworking, good leadership capability and excellent communication skills

Language Proficiency

- Well versed in English, Hindi, and Manipuri.

Area of Interest

- Create and enforce plans that will help meet the needs of students.
- Work quickly to address and resolve students issues.

Workshop/Training

- Had successfully completed the BASIC LIFE SUPPORT Training Programme on 20/09/08
- Had undergone workshop on MYOFASCIAL RELEASE technique from 23/01/09 to 24/01/09

- Had undergone hands on Manual Therapy Workshop for Vertebral Column and Pelvic Complex from 29/11/2010 to 2/12/2010
- Had participated in the seminar on Contemporary Rehabilitation and Neurological Intervention held on 1/02/ 2012 at CPMS, Guwahati.
- Had undergone Workshop on Kaltenborns Concept of Manual Therapy from 18/03/2013 to 19/03/2013 at Composite Regional Centre, Guwahati
- Had participated Workshop on Statistical Techniques in Scientific Research at Assam Downtown University from 27/11/2014 to 29/11/2014
- Had participated in Basic Life Support (BLS) training workshop of Cardio Pulmonary Resuscitation (CPR) and immediate choking management at Dr. M A ANSARI HEALTH CENTRE, Jamia Millia Islamia, New Delhi on 7th April 2016.
- Had presented a webinar on Cardiac Rehabilitation virtually at NEPNI College of Health Science on 23rd June, 2022.

Experience

- Working in Royal School of Medical And Allied Sciences, Royal Global University as Assistant Professor, Betkuchi Guwahati from 1st Feb 2024 till now.
- Worked as physiotherapist at Physiocare, Guwahati from 2019 to Jan 2024.
- Worked in Assam Downtown University, Panikhaiti, Guwahati as Asst Professor from 16th Aug 2018 to 30th Dec 2018.
- Worked in Physio Care, Noida as Consultant Physiotherapist from 20/01/2017 to 30/08/2018.
- Worked in Centre of physiotherapy and Rehabilitation Sciences, Jamia Millia Islamia, New Delhi as Guest Faculty and Consultant Physiotherapist from 22/08/2015 to 30/11/16.
- Worked in Assam Downtown University, Panikhaiti, Guwahati as Asst Professor from 11th Sep 2013 to 2nd April 2015.
- Worked in College of Physiotherapy and Medical Sciences, Guwahati as a Lecturer and Consultant Physiotherapist from July 2010 to 10th September 2013.

- Worked in Fitness One, Bangalore as Physiotherapist for 5 months from Oct 2009 to March 2010.

References

- Prof. V.P.R. Sivakumar
M.P.T., S.R.P. (U. K) MIAP
Dean,
SRM College of Physiotherapy, Kattankulatur, Chennai
SRM University.
- Prof. Abhijit Dutta.
M.P.T., MIAP
H.O.D.,
Faculty of Paramedical Sciences, Panikhaiti, Guwahati
- Prof. Ezaz Hussain
Director,
Centre of physiotherapy and Rehabilitation Sciences,
Jamia Millia Islamia, New Delhi.

Declaration

I hereby declare that all the particulars given by me in this resume is true to the best of my Knowledge and belief.

Place:Guwahati

Phurailatpam Jeny Sharma